

## THANKFUL-GRATEFUL

### For what are we to express our gratitude?

1. For God-Christ.
  - a. His goodness. I Chron. 16:34; Ps. 106:1, 107:15, 145:7-10
  - b. His benefits. Ps. 103:2
  - c. His forgiveness. Ps. 103:3
  - d. His lovingkindness. Ps. 92:1-2
  - e. His faithfulness. Ps. 92:1-2
  - f. His holiness. Ps. 30:4, 97:12
  - g. His mercy. Ps. 136:1-2, 26
  - h. His victory. I Cor. 15:57, II Cor. 2:14, Rom. 7:24-25
  - i. His gift of Christ. II Cor. 9:15
  - j. His enablement to serve. I Tim. 1:12-14
  - k. His creation. Ps. 136:4-9
  - l. His deliverance. Ps. 136:10-15
  - m. His provision. Ps. 136:16-26
  - n. His greatness. Ps. 95:2-3; 145:3
  - o. His works. Ps. 145:5-6
  - p. His inheritance. Col 1:12
2. All men. I Tim. 2:1-2
3. Those in authority. I Tim. 2:1-2
4. Trials. II Chron. 20:20-22; Dan. 6:10; Acts 16:25, 27:35
5. For all things. Eph. 5:20
6. In every situation. I Thess. 5:18

### How often are we to be thankful?

1. Always. Eph. 5:20
2. Continually. Heb. 13:15
3. Every day. Ps. 145:2
4. Seven times a day. Ps. 119:164

### What cannot co-exist with gratefulness?

1. Anxiety. Phil. 4:6-7
2. Pride. Luke 17:11-19; Rom. 1:21-22
3. Complaining. Ps. 95:2, 8-10
4. Sorrow and depression. Isa. 61:3
5. Fornication. Eph. 5:3-4
6. Covetousness. Eph. 5:3-4
7. Filthiness. Eph. 5:3-4
8. Foolish speech and jesting. Eph. 5:3-4